



STRENGTH & CONDITIONING COACH

Voluntary CPD role • Part of the SSEM team • Two-year term

ABOUT THE PROGRAMME

GB Maxibasketball is a World and European championship medal-winning programme, founded in 2017/18 and supported by every home nation basketball governing body. Catering for high-level male and female players aged 35+ and older, the programme is a recognised part of the Basketball England Talent Pathway and operates within governing body protocols for national teams.

In 2026, ten GB squads competed at the FIMBA European Maxibasketball Championship in Athens, returning with two medals, and the GB Men's 50+ made history at the inaugural FIBA Masters Open. The programme now prepares for the 2026/27 season and the FIBA Masters Open 2027 cycle.

OUR AMBITION

To provide players with a high-quality platform to continue playing basketball and competing at performance level through regular training and international events.

OUR VISION

Official governing body representative masters teams winning medals at European and World Maxibasketball Championships.

OUR VALUES

Performance first

Know your role and deliver it to the best of your ability. Plan to win — deliver excellence at every opportunity.

Continual improvement

A growth mindset in everything we do. Take risks, make mistakes, learn, innovate and elevate.

Team first

Leave egos at the door. Open, honest and respectful communication, with no blame culture.

A VOLUNTARY PROGRAMME — WHAT THAT MEANS

All GB Maxibasketball roles are voluntary. Staff and players self-fund their participation in training and at international competition, including travel and accommodation. Some material costs are covered for sports science and medicine staff (e.g. therapeutic strapping and first aid equipment).

In return, we offer something money rarely buys: hands-on experience in a national performance programme, structured professional development built on our growth mindset ethos, mentoring from experienced practitioners, and membership of GB Maxibasketball delegations at designated international championships (FIBA or any other recognised international body whose competitions further our competitive aspirations).

THE ROLE

The Strength & Conditioning Coach delivers effective conditioning that supports the physical development, performance readiness and injury resilience of GB Maxibasketball masters athletes. Working within the multi-disciplinary SSEM team under the Head of Performance Support, the role tailors athletic development to the mature performance athlete.

Reports to	Head of Performance Support (part of the SSEM team)
Works with	Physiotherapist, SSEM team, coaches and players
Term	Two years (2026/27–2027/28), subject to annual review
Commitment	Training camps approximately every 6–8 weeks, with remote programming between camps, plus designated championships

RESPONSIBILITIES

DELIVERY & DEVELOPMENT

- Deliver S&C programmes that reflect the needs of the sport and the individual, appropriate to the mature performance athlete
- Educate athletes in S&C principles, developing a rounded athletic skill set and performance readiness
- Carry out monitoring and physical profiling to inform prescription, set targets and give feedback
- Design conditioning that builds robustness and reduces injury risk, framed around performance readiness

INTEGRATION & STANDARDS

- Liaise regularly with the Physiotherapist, SSEM team and coaches to maintain a consistent framework of best practice
- Contribute the physical strand of individual player plans, with feedback to athletes and coaches
- Ensure a safe training environment, including health and safety and appropriate warm-up and cool-down
- Maintain your own professional knowledge and a demonstrable commitment to CPD

PERSON SPECIFICATION

ESSENTIAL	DESIRABLE
• Degree (2:1 or higher) in Sports Science or a related discipline, or equivalent experience • UKSCA accreditation, or coaching qualifications approaching UKSCA minimum standards • Experience in strength and conditioning and athletic development • Current first aid certificate • Outstanding communication and organisational skills • Safeguarding qualification and basic disclosure check (or willingness to obtain)	• Knowledge of long-term and mature-athlete development practices • Experience integrating S&C within a performance programme • Experience working with masters or mature athletes • Knowledge of basketball

WHAT YOU GET IN RETURN

- Applied S&C experience within a national performance programme
- Work across a multi-disciplinary SSEM team through a full championship cycle
- Development in profiling, programming and performance monitoring
- Membership of GB Maxibasketball delegations at designated international championships

HOW TO APPLY

Send a cover letter, CV and recent headshot to info@gbmaxibasketball.co.uk — we are happy to arrange an informal chat first. Basic disclosure checks and references are required for all successful applicants.